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Elevated amygdala responses during *de-novo* Pavlovian conditioning in alcohol-use disorder are associated with Pavlovian-to-Instrumental transfer and relapse latency

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6 Running title: Pavlovian conditioning in AUD  
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39 **Background:** Contemporary learning theories of drug addiction ascribe a key role to  
40 Pavlovian learning mechanisms in the development, maintenance and relapse of addiction.  
41 In fact, cue-reactivity research has demonstrated the power of alcohol-associated cues to  
42 activate the brain's reward system, which has been linked to craving and subsequent relapse.  
43 However, whether *de-novo* Pavlovian conditioning is altered in alcohol use disorder (AUD)  
44 has been rarely investigated.

45 **Methods:** To characterize *de-novo* Pavlovian conditioning in AUD, n=62 detoxified patients  
46 with AUD and n=63 matched healthy controls completed a Pavlovian learning task as part of  
47 a Pavlovian-to-instrumental transfer (PIT) paradigm during an fMRI session. Patients were  
48 followed up for 12-months to assess drinking behavior and relapse status.

49 **Results:** While patients and controls did not differ in their ability to explicitly acquire the  
50 contingencies between conditioned and unconditioned stimuli, patients with AUD displayed  
51 significantly stronger amygdala responses towards Pavlovian cues; an effect primarily driven  
52 by stronger BOLD differentiation during learning from reward compared to punishment.  
53 Moreover, in patients compared to controls, differential amygdala responses during  
54 conditioning were positively related to the ability of Pavlovian stimuli to influence ongoing  
55 instrumental choice behavior, measured in a subsequent PIT test. Finally, patients who  
56 relapsed within the 12-month follow-up period showed an inverse association between  
57 amygdala activity during conditioning and relapse latency.

58 **Conclusions:** We provide evidence of altered neural correlates of *de-novo* Pavlovian  
59 conditioning in patients with AUD, especially for appetitive stimuli. Thus, heightened  
60 processing of Pavlovian cues might constitute a behaviorally relevant mechanism in alcohol  
61 addiction.

62

## 63 1. Introduction

64

65 Alcohol use disorder (AUD) has been conceptualized as a disorder of maladaptive  
66 learning and memory (1–4). The incentive sensitization theory (1,5) highlights the  
67 motivational power of environmental stimuli to promote craving, drive recurrent drug use and  
68 ultimately increase relapse risk. However, the underlying Pavlovian learning process,  
69 whereby initially neutral stimuli (conditioned stimuli, CS+) acquire motivational properties  
70 through repeated pairings with the hedonic effects of a reinforcer like alcohol (unconditioned  
71 stimulus, US) has been rarely investigated in AUD (6).

72 Human neuroimaging research elucidated an extended network subserving Pavlovian  
73 threat and appetitive conditioning, including the amygdala, hippocampus, ventral striatum  
74 (VS) entailing the nucleus accumbens (NAcc), dorsal anterior cingulum (dACC) and  
75 orbitofrontal cortex (7–10). In AUD, surprisingly little is known about the underlying Pavlovian  
76 learning process, and we are unaware of any imaging studies investigating *de-novo*  
77 Pavlovian conditioning with drug- or non-drug rewards in this psychiatric condition. This might  
78 be partly due to methodological challenges human appetitive conditioning research is facing  
79 (11). In contrast, two fMRI studies used a threat conditioning protocol in AUD patients,  
80 providing first evidence for attenuated BOLD responses towards threat-predicting cues: Yang  
81 and colleagues (12) found attenuated neural differentiation in pregenual ACC, medial  
82 prefrontal cortex (PFC) and posterior cingulate cortex (PCC) between a CS predicting a high-  
83 vs. low-intensity US in alcohol dependent men, while BOLD reactivity in posterior insula towards  
84 the high- vs. low-intensity US itself was increased in patients compared to controls. Recently,  
85 Munich et al. (13) showed attenuated amygdala involvement during threat conditioning using  
86 mild electric stimulation as US in patients with AUD compared to healthy participants. In spite  
87 of general blunting, remaining amygdala activation scaled positively with dependence  
88 severity, as well as measures of depression, anxiety, and perceived stress (13). While  
89 subjective (12) or physiological conditioned responses (13) did not differ between AUD  
90 patients and healthy controls in these imaging studies, two laboratory studies showed blunted

91 differential physiological responses during Pavlovian threat conditioning in high- compared to  
92 low-risk AUD populations (14,15). In line with these findings, reduced amygdala activation  
93 has further been observed in response to aversion-inducing, alcohol-related cues in patients  
94 with AUD compared to control participants (16).

95 On the other hand, generic or idiosyncratically appetitive conditioned cues like the sight or  
96 smell of an alcoholic beverage have been shown to bias attention and approach tendencies,  
97 induce physiological arousal, and often increase subjective craving in AUD (e.g., 17,18), for  
98 review, see 19). BOLD responses elicited by such alcohol-associated cues were predictive of  
99 subsequent relapse, most consistently in the VS (20–22). At the same time, systematic  
100 investigations of the underlying acquisition process of drug conditioning in AUD are sparse.  
101 Mayo et al. (23) showed that a novel cue paired with alcohol elicited increased orienting  
102 responses that correlated with subjective liking of alcohol in social drinkers. In another study,  
103 only participants scoring low on self-reported alcohol sensitivity – a proposed risk phenotype  
104 for AUD (24) – demonstrated conditioned neurophysiological responses during second-order  
105 conditioning with an alcoholic olfactory cue, suggesting this group might be more susceptible  
106 to attribute incentive salience to novel, alcohol-associated cues (25). In addition, we  
107 previously showed an increased ability of de-novo conditioned Pavlovian cues to bias  
108 instrumental choice behavior in recently detoxified alcohol dependent patients compared to  
109 healthy participants, measured using a Pavlovian-to-Instrumental transfer (PIT) task (26–28).  
110 Moreover, PIT-related neural activity in the NAcc was increased in prospective relapsers  
111 (26,28).

112 Altogether, impaired threat conditioning in combination with increased cue reactivity could  
113 point towards a unique pattern of associative learning alterations in AUD. On the one hand,  
114 reward-associated Pavlovian conditioning might be exaggerated, resulting in elevated  
115 reactivity towards drug-associated cues. On the other, a reduction in threat conditioning could  
116 make subjects more vulnerable to engage in drug-taking behaviors despite severe negative  
117 consequences (29). To test this hypothesis, we here investigate for the first time appetitive  
118 and aversive de-novo conditioning as part of a PIT paradigm during fMRI in a large sample of

119 62 recently detoxified AUD patients and 63 matched control participants. We further explore  
120 the behavioral and clinical relevance of these associative learning processes by linking  
121 differential BOLD responses during Pavlovian learning to the instrumental choice bias in the  
122 subsequent PIT phase and prospective relapse risk during a 12-month follow-up period.

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## 124 **2. Methods and Materials**

125

### 126 **2.1 Participants**

127 As a part of the LeAD study (Learning and Relapse Risk in Alcohol Dependence;  
128 clinical trial preregistration identifier: NCT01679145), 62 recently detoxified  
129 alcohol-dependent patients (referred to hereinafter as AUD) and 63 healthy controls matched  
130 for age, gender, and smoking status were included at two German study sites in Berlin and  
131 Dresden (Table 1; see Supplementary Material for exclusion criteria including Table S1 and  
132 Figure S1 for participant flowchart). Only participants showing a significant degree of CS-US  
133 contingency knowledge post-learning were included in the final analyses (Figure 1B). After  
134 detoxification, patients were followed up for twelve months to assess relapse status (see  
135 Supplementary Material for details on follow-up assessments). Follow-up information were  
136 available for 44 AUD patients (27 relapsers vs. 17 abstainers).

137

#### 138 **2.2.1 PIT Paradigm**

139 The paradigm consists of four parts: instrumental conditioning, Pavlovian  
140 conditioning, Pavlovian-to-Instrumental Transfer (PIT), and a forced-choice task to assess  
141 CS-US contingency awareness (see Supplementary Material and Figure S2 for task details).

142 *Instrumental conditioning.* Participants learned to collect 'good' shells and to leave  
143 'bad' shells via probabilistic monetary feedback. Shells could be collected via repeated button  
144 presses and participants completed up to 120 trials depending on task performance.

145 *Pavlovian conditioning.* The task consisted of two appetitive conditions (CS paired  
146 with monetary win +2€ or +1€, respectively), two aversive conditions (CS followed by  
147 monetary loss -1€ or -2€, respectively), and a neutral control condition without monetary  
148 feedback (0€), using five different multimodal cues as CSs (see Figure 1A). Each CS was  
149 presented 16 times, resulting in a total of 80 trials. Participants were instructed to attend to  
150 the relations between CS and US and to memorize the pairs. They were further informed that  
151 they would receive the displayed, cumulated money after the session.

152 *Pavlovian-to-Instrumental Transfer*. During the PIT phase the influence of the learned  
153 Pavlovian conditioned stimuli on instrumental choice behavior was measured. Participants  
154 performed the instrumental task while one of the Pavlovian CSs tiled the background without  
155 receiving feedback.

156 *Forced-choice task*. Finally, CS-US contingency knowledge of Pavlovian learning was  
157 assessed, where participants had to choose the higher-valued CS out of two CSs presented  
158 on the left and right site of the screen. Each CS combination was presented 3 times in  
159 pseudo-randomized order. Only participants performing significantly over chance (83% of  
160 AUD and 91% of control participants) were considered contingency aware and included in the  
161 final analyses, as contingency awareness seems necessary for Pavlovian trace conditioning  
162 to occur (30–32). Likewise, PIT effects can only be meaningfully analyzed in contingency  
163 aware participants (26–28) (Figure 1B; see Supplementary Material and Table S2 for sample  
164 characteristics of aware vs. unaware participants).

165

## 166 **2.4 Data analysis**

167 Behavioral data were analyzed using Matlab R2019b (The MathWorks, Inc., Natick,  
168 Massachusetts, United States) and R version 3.6.1 (33). The alpha level was set at  $p < .05$  for  
169 all analyses.

170 *CS-US contingency awareness*. Contingency awareness was measured as  
171 percentage of higher-valued CS choices during the forced-choice task and group differences  
172 were examined via Mann-Whitney U test (see Supplementary Material for more detailed  
173 analyses).

174 *Pleasantness and arousal ratings*. Subjective ratings of CS pleasantness and arousal,  
175 obtained at the end of the PIT paradigm, were analyzed in separate linear mixed-effects  
176 models (LMMs) including CS value, group, and study site (see Supplementary Material for  
177 details). Aversive and appetitive conditioning were investigated separately, given first  
178 evidence of deficits in Pavlovian threat conditioning in high-risk samples (14,15) and  
179 attenuated neural differentiation in AUD (12,13), while lacking systematic investigations on



180 appetitive conditioning in AUD.

181 *Behavioral PIT effect.* The behavioral PIT effect was analyzed as previously described  
182 (26) (see Supplementary Material).

183 *fMRI.* After standardized preprocessing (see Supplementary Material), an  
184 event-related analysis was applied using the GLM approach within SPM 12 (Welcome  
185 Department of Imaging Neuroscience; [www.fil.ion.ucl.ac.uk/spm/](http://www.fil.ion.ucl.ac.uk/spm/)) on two levels. For each  
186 participant, onset regressors for each CS and US type were modeled as stick functions and  
187 convolved with the canonical HRF. Additional nuisance regressors included an eye-tracker  
188 recalibration period after half of the trials (mean duration 71.6 s), modeled as box-car function  
189 and the 6 movement parameters to account for movement-related variance. Baseline  
190 contrasts for each CS were computed and entered into a random-effects flexible factorial  
191 model on the second level, together with the group factor (AUD/HC). We investigated main  
192 effects across participants as well as group differences for the following three contrasts:  
193 Pavlovian learning was probed by contrasting CSs across valence conditions with the control  
194 condition (0€), taking into account the grading within appetitive and aversive conditions (i.e.  
195 Pavlovian CSs: -2€ -1€ 0€ +1€ +2€, contrast 'Pavlovian learning': [+2 +1 -6 +1 +2]). We then  
196 separately investigated appetitive and aversive Pavlovian learning (contrast 'aversive  
197 Pavlovian learning': [+2 +1 -3 0 0]; contrast 'appetitive Pavlovian learning': [0 0 -3 +1 +2]).  
198 Group differences were investigated by testing the group x contrast interaction, followed by  
199 post-hoc t-tests in case of a significant effect.

200 We focused our analyses on three predefined regions-of-interest (ROI): Amygdala  
201 and hippocampus, due to their central role in appetitive and aversive Pavlovian (trace)  
202 conditioning (8,34–36) as well as the ventral striatum (VS) (10,37), critically involved in  
203 reward processing (38) and previously shown to modulate PIT effects in AUD (26,28,39).  
204 Bilateral ROIs for amygdala and hippocampus were derived using the WFU PickAtlas  
205 (<http://www.fmri.wfubmc.edu/download.html>) and the VS as a functionally defined mask using  
206 the BrainMap database (40) similar to previous publications (41,42). ROI-analyses were  
207 performed at  $p < 0.05$  FWE-correction, complemented by exploratory whole-brain analyses at

208  $p < 0.05$  FWE correction at the cluster level, using a cluster-forming threshold of  $p < 0.001$   
209 uncorrected and cluster extend of ten contiguous voxels. To account for multiple comparisons  
210 across ROIs, p-values were additionally adjusted for the number of ROIs using Bonferroni  
211 correction.

212 *Brain-behavior associations:* Individual PIT effects (see Supplementary Materials)  
213 were entered as a covariate within SPM in a separate second-level GLM with the 'Pavlovian  
214 learning' contrast and the group factor (AUD/HC), allowing for an interaction between group  
215 and covariate. We focused our ROI analysis on the amygdala and VS shown to modulate  
216 neural PIT effects (43–45).

217 To investigate whether neural signatures during Pavlovian learning were predictive of  
218 subsequent relapse, we re-run the flexible-factorial model and informed the group factor by  
219 patients' prospective relapse status (relapsers vs. abstainers vs. HC). We further explored  
220 whether neural responses during Pavlovian learning correlated with relapse latency in  
221 prospective relapsers using simple regression analysis with the 'Pavlovian learning' contrast  
222 and the number of abstinence days till relapse as a covariate.

223 Study site was included as additional covariate in all analyses.

224

## 225 **Results**

### 226 ***Explicit learning of CS-US associations: contingency awareness***

227 Contingency awareness was assessed post-learning in a forced-choice task, using  
228 data from all participants providing high-quality fMRI data (75 AUD patients vs. 69 HC, Figure  
229 1B, see Supplementary Figure S1 for participant flowchart). Overall performance was at  
230 86.6% correct choices (SD=17.4; range: 16.7-100), with no differences between groups  
231 ( $W=2515.5$ ,  $p=.77$ ), indicating equal levels of contingency awareness (Figure 1B; see also  
232 Supplementary Figure S4). All subsequent analyses are based on participants performing  
233 significantly over chance (i.e., 'Pavlovian learner', as confirmed by binomial test).

234

### 235 ***Subjective measures of Pavlovian learning: pleasantness and arousal ratings***

236 Subjective CS pleasantness and arousal ratings, acquired post conditioning, were  
237 significantly influenced by the conditioning protocol, evident in a linear effect of CS value on  
238 pleasantness ratings ( $b=0.15$ ,  $SE=0.06$ ,  $t=2.78$ ,  $p=.006$ ) and a linear and quadratic effect on  
239 subjective arousal ( $b_{\text{linear}}=0.09$ ,  $SE=0.04$ ,  $t=2.22$ ,  $p=.027$ ;  $b_{\text{quadratic}}=0.08$ ,  $SE=0.04$ ,  $t=2.24$ ,  
240  $p=.026$ ; Supplementary Figure S5). This indicated that participants' pleasantness and arousal  
241 ratings reflected Pavlovian value after conditioning. Arousal ratings were higher in AUD  
242 patients compared to controls across cues ( $b=-0.58$ ,  $SE=0.26$ ,  $t=-2.22$ ,  $p=.028$ ), but we did  
243 not observe a group by value interaction, indicating groups did not differ in conditioned  
244 responses (pleasantness:  $p=.358$ ; arousal:  $p\geq.158$ ). Separate investigation of appetitive and  
245 aversive conditioning revealed the observed behavioral effects were driven by appetitive CSs  
246 (pleasantness:  $b=0.26$ ,  $SE=0.12$ ,  $t=2.21$ ,  $p=.028$ ; arousal:  $b=0.22$ ,  $SE=.09$ ,  $t=2.46$ ,  $p=.015$ )  
247 rather than aversive CSs (pleasantness and arousal  $p\geq.386$ ), without significant effects of  
248 group or group by CS value interaction in neither analysis ( $p\geq.118$ ).

249

### 250 ***Neural representation of Pavlovian learning: BOLD signals towards appetitive and*** 251 ***aversive Pavlovian cues***

252 Across participants, Pavlovian learning induced marginally increased BOLD

253 responses in right amygdala ( $p_{\text{FWE ROI}} = .099$ ; Table 2). Separate investigation of appetitive  
254 and aversive Pavlovian conditioning revealed significantly increased BOLD responses  
255 towards reward-predicting cues in the left VS ( $p_{\text{FWE ROI}} = .05$ ; Table 2), while aversive Pavlovian  
256 conditioning showed no significant differential BOLD responses. No additional activated  
257 clusters survived in the whole-brain analyses.

258 Group comparison revealed significant different engagement of right amygdala during  
259 Pavlovian conditioning (amygdala right: [x:28, y:-4, z:-22],  $F_{1,492} = 14.65$ ,  $p_{\text{FWE ROI}} = .029$ ).  
260 Post-hoc analysis showed that AUD patients exhibited significantly stronger differential BOLD  
261 responses in bilateral amygdala towards Pavlovian cues relative to healthy controls (see  
262 Table 2; Figure 2; complementary analyses are provided in the Supplementary Material).  
263 Investigating differential BOLD responses for appetitive and aversive Pavlovian conditioning  
264 separately revealed that the observed group difference was specific for reward-predicting  
265 cues, assessed with the appetitive Pavlovian conditioning contrast (amygdala right: [x:26,  
266 y:-6, z:-22],  $F_{1,492} = 16.75$ ,  $p_{\text{FWE ROI}} = .006$ ; amygdala left: [x:-24, y:-8, z:-22],  $F_{1,492} = 12.84$ ,  $p_{\text{FWE}}$   
267  $\text{ROI} = .045$ ). Here, AUD patients additionally showed stronger recruitment of an anterior cluster  
268 within the hippocampus ([x:26, y:-10, z:-22],  $F_{1,492} = 14.38$ ,  $p_{\text{FWE ROI}} = .027$ ; Table 2). In contrast,  
269 no group differences emerged during aversive Pavlovian conditioning. Results remained  
270 significant when contingency unaware participants were also included (see Supplementary  
271 Material).

272

### 273 ***Association of Pavlovian conditioning with instrumental PIT behavior and prospective*** 274 ***relapse***

275 We further investigated whether neural responses during Pavlovian learning were  
276 related to the ability of Pavlovian cues to bias subsequent choice behavior (i.e., PIT effect;  
277 see Supplementary Table S3 and Figure S3), and to prospective relapse risk.

278 Across groups, this analysis revealed that increased conditioning-related BOLD  
279 activity in right VS was associated with a stronger instrumental choice bias during the  
280 subsequent PIT phase ([x:4, y:-14, z:-8],  $Z = 3.48$ ,  $p_{\text{FWE ROI}} = .05$ ; Supplementary Figure S6).

281 Group comparisons showed that BOLD activity in left amygdala was predominantly predictive  
282 of patients' subsequent choice bias, in contrast to healthy controls (left: [x:-26, y:-2, z:-24],  
283  $Z=3.35$ ,  $p_{\text{FWE ROI}}=.048$ ; Figure 3).

284

285 Finally, we assessed whether neural signals during *de-novo* conditioning were  
286 associated with prospective relapse at 1-year follow-up. Contrasting prospective relapsers  
287 with abstainers as well as healthy controls revealed a main effect of group in the right  
288 amygdala during Pavlovian learning ([x:26, y:-6, z:-20],  $F_{2,416}=8.58$ ,  $p_{\text{FWE ROI}}=.033$ ; Figure 4).  
289 Post-hoc analyses confirmed that both patient groups showed increased amygdala activity  
290 relative to healthy controls (relapser > HC: [x:26, y:-6, z:-20],  $Z=3.47$ ,  $p_{\text{FWE ROI}}=.033$ ; abstainer  
291 > HC: [x:24, y:-4, z:-20],  $Z=3.40$ ,  $p_{\text{FWE ROI}}=.042$ ). Although amygdala activation did not differ  
292 between prospective relapsers and abstainers ( $p_{\text{FWE ROI}}=.22$ ), within patients who relapsed,  
293 increased right amygdala activation during Pavlovian learning was associated with reduced  
294 relapse latency ([x:20, y:0, z:-20],  $Z=2.94$ ,  $p_{\text{FWE ROI}}=.047$ ; Figure 4).

295

## Discussion

296  
297

298         In this study, we investigated de-novo Pavlovian conditioning of both appetitive and  
299 aversive associations in recently detoxified AUD patients and healthy participants during  
300 functional magnetic resonance imaging. While both patients and healthy participants were  
301 equally likely to acquire the different CS–US associations in terms of explicit contingency  
302 knowledge, Pavlovian CSs elicited significantly stronger BOLD responses in bilateral  
303 amygdala in patients compared to controls. This difference was most pronounced for  
304 reward-predicting cues. We further related BOLD responses during Pavlovian conditioning to  
305 the behavioral choice bias induced by these cues in a subsequent PIT test, as well as to  
306 relapse during a 12-month follow-up period. In contrast to healthy participants, left amygdala  
307 activation during Pavlovian conditioning was positively associated with the subsequent  
308 behavioral PIT effect in patients with AUD, and among patients who relapsed, right amygdala  
309 activation was predictive of relapse latency in an exploratory analysis.

310

### 311         *Patients with AUD showed elevated amygdala activation towards Pavlovian cues* 312 *during de-novo conditioning*

313

314         We observed significant group differences in the amygdala during de-novo Pavlovian  
315 conditioning, with stronger differential BOLD responses in patients compared to healthy  
316 participants.

317         Converging lines of evidence identified the amygdala as a core region subserving  
318 appetitive and aversive Pavlovian conditioning: The amygdala is critically involved in  
319 encoding the state value of motivational salient stimuli, forming CS-US associations, and  
320 expression of conditioned responses (34,46–48). Amygdala responsivity has been shown to  
321 capture individual differences in human threat conditioning, as BOLD signals in this region  
322 correlate with physiological conditioning indices (49–52). Furthermore, amygdala activation  
323 plays a vital role during Pavlovian relapse effects, i.e. the return of conditioned responses

324 after extinction (53,54), highlighting the importance of this structure for acquisition, recall and  
325 expression of conditioned responses.

326 Our observation of elevated differential amygdala activation during Pavlovian conditioning  
327 in AUD patients compared to healthy participants therefore likely reflects enhanced neural  
328 encoding of Pavlovian associations – especially rewarding ones – and could reflect greater  
329 susceptibility to assign incentive salience to novel, reward-related cues in AUD (1). To our  
330 knowledge, this is the first study investigating appetitive Pavlovian de-novo conditioning in  
331 AUD patients. Further evidence for enhanced drug-related Pavlovian learning in at-risk  
332 participants comes from Fleming and colleagues (25), where Pavlovian de-novo conditioning  
333 using an alcoholic olfactory cue only induced subjective craving and conditioned  
334 event-related potentials in low but not high alcohol sensitive participants, a phenotype  
335 associated with risk to develop AUD (24).

336 Regarding aversive Pavlovian conditioning, Muench et al. (13) observed overall  
337 attenuated differential amygdala activation during de-novo Pavlovian threat conditioning in  
338 AUD patients compared to healthy participants. Interestingly, however, differential amygdala  
339 responses scaled positively with AUD symptom severity (13). During instructed threat  
340 conditioning, where CS-US contingencies are known in advance, alcohol-dependent men  
341 showed attenuated differential BOLD responses towards a high- vs. low-heat predicting cue  
342 in cortical regions associated with negative affect regulation, including the pregenual ACC  
343 and medial PFC, together with increased posterior insula activation towards the high- vs.  
344 low-intensity US itself (12). Further evidence for altered threat conditioning in AUD comes  
345 from two studies in high-risk populations (14,15). Finn et al. (15) found that men with a high  
346 family history of AUD compared to men without such family history failed to acquire  
347 differential SCRs towards threat compared to neutral cues due to reduced CS+  
348 responsiveness. Attenuated differential SCRs and startle responses towards aversive vs.  
349 neutral CSs were also observed in young binge drinkers compared to non-binge drinkers  
350 (13), also corroborating rat studies showing that multiple episodes of ethanol withdrawal can  
351 impair fear conditioning due to lower CS+ responsiveness (55,56).

352 In our study, investigating aversive and appetitive Pavlovian conditioning separately  
353 showed that the group difference in amygdala was primarily driven by enhanced BOLD  
354 responses towards reward- and not loss-predicting cues. However, we would refrain from  
355 drawing specific conclusions about aversive conditioning in AUD, as the aversive contrast in  
356 our paradigm did not elicit significant differential BOLD activation across participants (see  
357 also (35)). Therefore, cues signaling threat like electric shock or loud noise might be better  
358 suited to study aversive associative learning in future studies.

359

360 ***Conditioned amygdala responses are related to Pavlovian-to-Instrumental transfer***  
361 ***and relapse latency in patients with AUD***

362

363 The PIT paradigm enables investigation of the influence of Pavlovian cues on  
364 instrumental behavior - an effect called Pavlovian-to-Instrumental transfer (27,28,57). PIT  
365 effects are mediated by distinct regions within the NAcc and amygdala (44,58,59) and have  
366 been discussed as a potential mechanism contributing to habit formation and habitual drug  
367 use in AUD (3,60,61).

368 By relating neural activity during Pavlovian conditioning to the subsequent behavioral  
369 PIT effect, we showed that ventral striatal BOLD responses were positively correlated with  
370 the strength of the PIT effect in both patients and control participants. Amygdala activation  
371 during Pavlovian conditioning significantly correlated with instrumental choices during PIT in  
372 patients with AUD compared to healthy controls. This observation suggests that amygdala  
373 engagement during Pavlovian conditioning contributes to instrumental choices towards these  
374 Pavlovian cues, and that this association is pronounced in patients with AUD, underlining the  
375 behavioral relevance of our neural finding.

376 Previous research showed that BOLD responses in the NAcc during the PIT phase were  
377 predictive of subsequent relapse during follow-up in AUD patients (26,28). Therefore, we  
378 assessed whether the neural signatures of Pavlovian conditioning represent a potential  
379 marker for prospective relapse within a 12-month follow-up period. Both prospective



380 relapsers and abstainers showed elevated amygdala responses during Pavlovian  
381 conditioning compared to healthy participants, and patient groups did not differ significantly in  
382 overall amygdala reactivity. However, we found a significant inverse correlation between right  
383 amygdala activation in response to Pavlovian CSs and relapse latency in prospectively  
384 relapsing patients. This study, if replicated, may suggest that increased amygdala reactivity  
385 towards Pavlovian cues is not a general risk factor of AUD, but could decrease relapse  
386 latency in vulnerable persons. Patients who abstained might have additional protective  
387 factors, helping them to stay abstinent despite increased amygdala reactivity during  
388 Pavlovian learning. Cue-reactivity research revealed that abstinent compared to  
389 non-abstinent AUD patients showed increased functional connectivity between limbic regions  
390 and prefrontal areas in a cue-reactivity paradigm, potentially helping them to stay abstinent in  
391 the presence of craving-inducing alcohol-cues (62). However, increased cue-induced limbic  
392 brain activation may not simply promote relapse, but could contribute to salience attribution  
393 also required for inhibitory control (20,63). Complex top-down and bottom-up mechanisms  
394 might constitute an important moderating factor also shown to critically interact with  
395 cue-reactivity in AUD (64,65).

396

### 397 ***Limitations***

398

399 Several limitations need to be considered: First, prospective studies in participants at risk  
400 are needed to elucidate whether the observed alterations in Pavlovian conditioning represent  
401 a predisposing factor for AUD, or rather develop throughout the disease. Furthermore, our  
402 paradigm might not be optimal to disentangle appetitive and aversive conditioning, as the  
403 aversive contrast failed to significantly engage relevant brain structures. Third, we acquired  
404 no additional psychophysiological measure of conditioned responding, e.g. skin conductance,  
405 limiting comparability between studies. Fourth, the observed group difference in amygdala  
406 activation during Pavlovian conditioning was due to both increased BOLD responses towards  
407 Pavlovian cues in AUD, as well as towards the neutral cue in healthy participants. Our control

408 condition might be affectively more ambiguous compared to a neutral cue not paired with any  
409 outcome, as often used in (fear) conditioning paradigms, highlighting the need for careful  
410 consideration of adequate baseline conditions in future studies. Moreover, we did not  
411 investigate conditioning of drug-related cues, which might tap into more disease specific  
412 mechanisms within largely overlapping neural circuits (66,67).

413

#### 414 ***Conclusion and future directions***

415

416 To conclude, we provide evidence for altered Pavlovian learning processes in patients  
417 with AUD, reflected in increased amygdala recruitment that was especially pronounced  
418 during reward-associative learning. Increased amygdala reactivity was related to subsequent  
419 PIT behavior as well as to relapse latency during a 12-month follow-up period. These findings  
420 may reflect greater susceptibility to assign incentive salience to novel, reward-related cues in  
421 AUD (1), a process that might contribute to bias patients' behavioral choices in the presence  
422 of these Pavlovian stimuli.

423 Our findings extend evidence in AUD and related high-risk populations on Pavlovian  
424 conditioning, and point towards patterns of associative learning alterations, whereby  
425 conditioned responses towards reward- or drug-associated Pavlovian cues are increased  
426 (25), while learning from threat-signaling cues is abolished (12–15). This might promote  
427 elevated reactivity towards reward-associated cues including drug cues on the one hand,  
428 while subjects engage in conditioned behaviors despite severe negative consequences on  
429 the other.

430 Interestingly, the reported conditioning alterations in AUD are different from that seen in  
431 other patient populations including post-traumatic stress disorder and anxiety, whereby both  
432 threat and safety cues elicit increased physiological responses and neural activation of the  
433 amygdala, suggesting abnormal fear generalization (68,69). Given the outlined evidence,  
434 investigating both reward and threat conditioning processes in mental disorders could  
435 represent a fruitful avenue for future research, as it enables to dissociate learning alterations

436 in different value domains (70,71). Moreover, investigating individual differences in these  
437 learning mechanisms might provide valuable insights about the role of Pavlovian conditioning  
438 in addiction maintenance (e.g., (72)).

439 Ultimately, characterizing alterations in neural structures subserving Pavlovian learning  
440 processes, that is, mechanisms at the center of influential theories of addiction (1–4), could  
441 foster our understanding of AUD as a disorder driven by maladaptive learning and provide  
442 targets for future therapeutic interventions aim to counteract the motivational power of  
443 alcohol-related cues (73).

444

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446

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453

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458

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670

671

672 **Table 1:** Sample characteristics

	N	AUD Patients		N	Healthy Controls		p-value
<b><i>Sociodemographics</i></b>							
Gender	62	♀:13, ♂:49		63	♀:10, ♂:53		.61 <sup>a</sup>
		Mean	SD		Mean	SD	
Age in years	62	43.98	11.59	63	42.86	11.19	.59
Smokers		75.8 %			73.0 %		.88 <sup>a</sup>
Education (in years)	62	14.37	3.12	61	15.9	3.89	<b>.02</b>
Socio-economic status (SES)	54	-0.41	1.88	42	0.49	1.81	<b>.02</b>
<b><i>Neurocognitive functioning</i></b>							
Verbal intelligence (MWT-B)	60	104.52	9.43	62	104.66	9.53	.93
TMT-A (seconds)	60	29.42	8.7	62	28.31	9.39	.50
TMT-B (seconds)	60	69.98	26.46	62	60.16	22.54	<b>.03</b>
<b><i>AUD severity</i></b>							
years with diagnosis (DSM-IV)	57	11.35	10.24	-			
number of DSM-IV symptoms	58	5.71	1.24	63	0.51	1.03	<b>&lt;.001</b>
Severity of AUD (ADS)	62	15.31	7.06	63	1.94	2.93	<b>&lt;.001</b>
Lifetime alcohol consumption in kg (pure alcohol) <sup>b</sup>	62	1717.26	1180.3	63	303.67	988.74	<b>&lt;.001</b>
Craving (OCDS-G total score)	61	12.84	8.33	62	2.87	2.89	<b>&lt;.01</b>
days of abstinence before scanning	62	20.31	11.65	63	88.89	342.16	.12
<b><i>Personality</i></b>							
Impulsivity (BIS total score)	59	30.47	6.4	62	29.15	5.55	.23

673

674 Socio-economic status (SES) was computed as the sum of self-rated z-transformed scores of social  
675 status, household income, and inverse personal debt scores (74). Verbal intelligence was assessed  
676 with the Mehrfachwahl-Wortschatz-Intelligenztest (MWT-B; German Multiple-Choice Vocabulary  
677 Intelligence Test) (75) and executive functioning by the Trial Making Test A and B (76). Amount of  
678 lifetime alcohol intake was measured by the CIDI (77), current craving by the Obsessive Compulsive  
679 Drinking Scale (OCDS-G; German version) (78), and trait impulsivity using the Barratt Impulsiveness.

680 Scale 15 (BIS-15; German version) (79). AUD: alcohol use disorder; <sup>a</sup> p-value of  $\chi^2$ -test, independent  
681 t-test otherwise; <sup>b</sup> prior to detoxification in AUD patients.  
682

Journal Pre-proof

683 **Table 2:** Region-of-interest analyses of Pavlovian conditioning

Analysis	Contrast	Region	Side	k	Peak voxel MNI			Z <sub>max</sub>	p <sub>FWE</sub>
					x	y	z		
<b><i>all participants</i></b>									
	Pavlovian conditioning	Amygdala	R		28	-2	-14	3.08	0.033
	[CS <sub>-2€</sub> > CS <sub>-1€</sub> > CS <sub>0€</sub> < CS <sub>+1€</sub> < CS <sub>+2€</sub> ]	VS	L		-4	12	-8	3.3	0.037
	appetitive conditioning	Amygdala	R		28	-2	-14	3.09	0.032
	[CS <sub>+2€</sub> > CS <sub>+1€</sub> > CS <sub>0€</sub> ]	VS	L		-4	12	-8	3.55	<b>0.017*</b>
			R		14	6	-12	3.33	0.034
	aversive conditioning	-							
	[CS <sub>-2€</sub> > CS <sub>-1€</sub> > CS <sub>0€</sub> ]								
<b><i>Group differences</i></b>									
AUD > HC	Pavlovian conditioning	Amygdala	R		28	-4	-22	3.74	<b>0.004*</b>
	[CS <sub>-2€</sub> > CS <sub>-1€</sub> > CS <sub>0€</sub> < CS <sub>+1€</sub> < CS <sub>+2€</sub> ]		L		-24	-8	-22	3.35	<b>0.014*</b>
AUD > HC	appetitive conditioning	Amygdala	R		26	-6	-22	4.06	<b>0.001*</b>
	[CS <sub>+2€</sub> > CS <sub>+1€</sub> > CS <sub>0€</sub> ]		L		-24	-8	-22	3.56	<b>0.007*</b>
		Hippocampus	R		26	-10	-22	3.76	<b>0.004*</b>
			L		-24	-10	-24	3.5	<b>0.011*</b>

684 p<sub>FWE</sub>: family-wise error-corrected at p<0.05 for bilateral anatomical region; \*denotes significance after Bonferroni

685 correction for number of ROI comparisons; L: left hemisphere, R: right hemisphere; VS: ventral striatum, AUD:

686 alcohol use disorder; HC: healthy controls

687

**Figure Legend 1**

**A** Exemplary appetitive conditioning trial. In each trial, a CS (fractal image combined with one out of five pure tones) was presented either on the right or left side of the screen for 3 s. After a fixed 3-second-trace interval, the associated monetary US (or neutral outcome (0 Cent)) appeared on the opposite site for 3 seconds (100% reinforcement schedule). Trials were separated by a jittered ITI (exponentially distributed; range: 2-6s; mean=3s). The paradigm comprised 5 different conditions (two appetitive, two aversive, and one neutral condition). CS assignment to conditions was counterbalanced across participants. **B** CS-US contingency knowledge. Mean probability of choosing the higher-valued CS during post-conditioning forced-choice task did not significantly differ between patients with AUD and healthy controls ( $W=2515.5$ ,  $p=.77$ ; AUD:  $n=75$ , mean(SD) = 85.6(18.1); HC:  $n=69$ , mean(SD) = 87.8(16.7)). Only participants performing significantly over chance (teal color-coded participants; i.e. over 50% correct choices, as confirmed by a binomial test) were considered contingency aware (83% of AUD patients, 91% of healthy controls) and included in the final sample (participant characteristics, see Table 1; see Supplementary Table S2 for sample characteristics of aware vs. unaware participants).

**Figure Legend 2**

Stronger differential BOLD responses in bilateral amygdala during Pavlovian conditioning in AUD patients compared to control participants (amygdala right:  $Z=3.74$ ,  $p_{FWE\_ROI}=.012$ ; amygdala left:  $Z=3.35$ ,  $p_{FWE\_ROI}=.041$ ). Group differences were driven by both increased BOLD responses toward Pavlovian CSs in AUD patients compared to healthy controls ( $p_{FWE\_ROI}<.001$ ), as well as increased BOLD responses towards the neutral cue in healthy participants compared to AUD patients ( $p_{FWE\_ROI}\leq.012$ ; see Supplementary Material). Visualization threshold of T-map at  $T\geq 3$ .

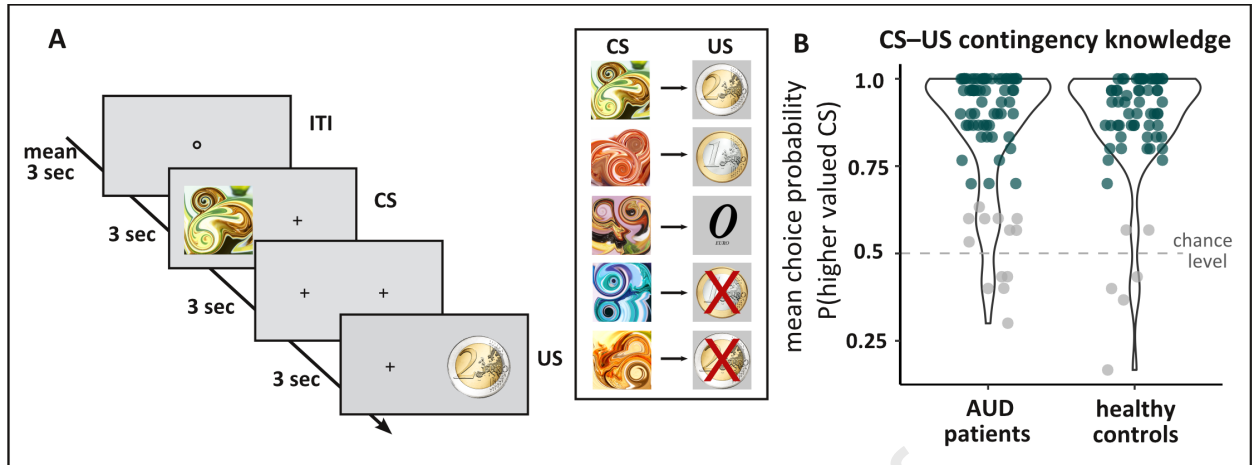
**Figure Legend 3**

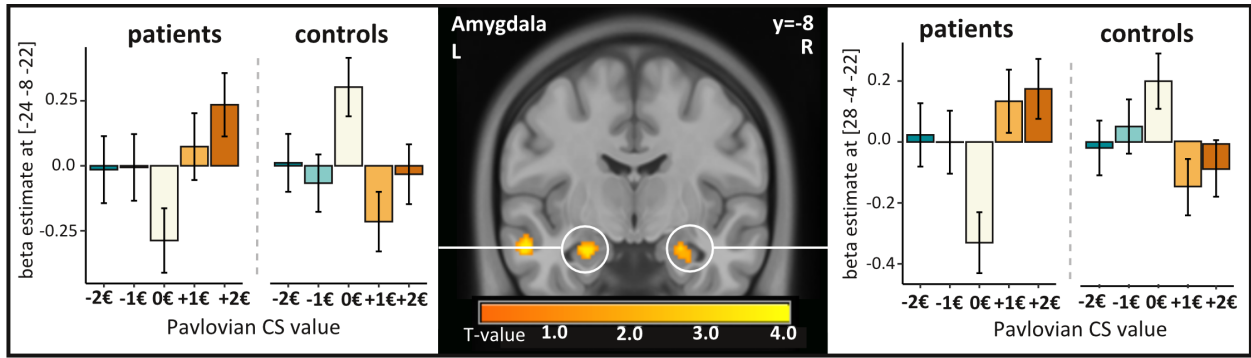
BOLD responses in left amygdala during Pavlovian conditioning were positively associated with subsequent PIT behavior in AUD patients compared to control participants (amygdala left:  $Z=3.35$ ,  $p_{FWE\_ROI}=.048$ ). Visualization threshold of T-map at  $T\geq 3$ .

717 **Figure Legend 4**

718 **A** Significant group difference between prospective relapsers, abstainers, and controls during  
719 Pavlovian conditioning in the right amygdala ( $F_{2,416}=8.58$ ,  $p_{FWE ROI}=.033$ ). Both prospective relapsers  
720 ( $Z=3.47$ ,  $p_{FWE ROI}=.033$ ) and abstainers ( $Z=3.40$ ,  $p_{FWE ROI}=.042$ ) showed increased BOLD responses  
721 compared to control participants, while patient groups did not significantly differ. **B** Within patients who  
722 relapsed, differential amygdala responses during Pavlovian learning were inversely related to relapse  
723 latency ( $Z=2.94$ ,  $p_{FWE ROI}=.047$ ). Visualization threshold of F-/T-map at  $F \geq 6/T \geq 3$ .

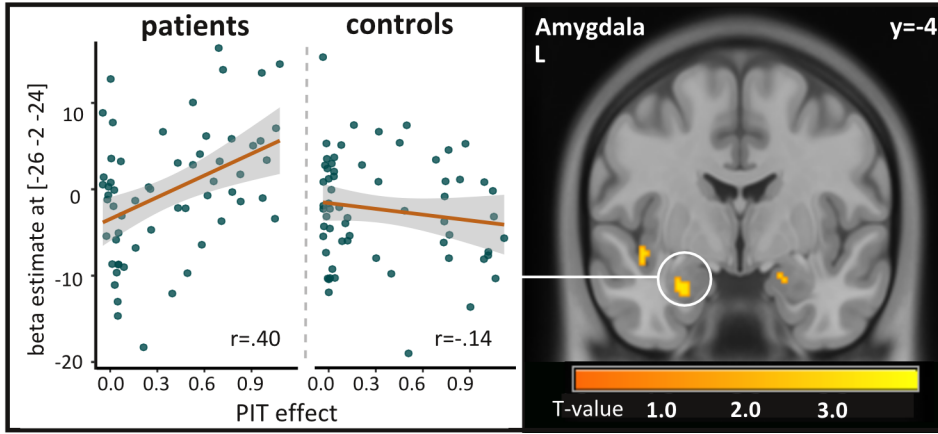
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